

Sunday Night Routine

St. Ciarán's Community School strives for high standards in all aspects of the school organisation. Consequently, we expect students to present for school each Monday fully prepared for the week of learning ahead of them.

This routine includes:



- Getting to bed early
- Laying out the full school uniform for the morning (fully cleaned and ironed)
- Cleaning/shining/polishing shoes
- Reading the Journal for any notes or notices of upcoming events
- Ensuring that the Journal has been signed by a parent/guardian
- Checking that all homework has been completed
- Packing all equipment/learning resources needed for Monday e.g. P.E. Gear/ Home Ec. ingredients / an object for Art
- Bus ticket packed if you take the bus
- Lunch prepared for the morning
- Alarm clock (not your phone) set in plenty of time

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This routine should be mirrored every other school night as well but an extra effort should be made on Sunday evenings to get the student's week off to a good start. We would also advise that any weekend homework should be completed on Friday evenings.

We have developed the Journal so that parents/guardians have an opportunity to review their child's weekly progress, learning and homework. Therefore, we encourage all parents/guardians to check the Journal each day and we insist that **the Journal is signed for Monday tutorial**. This is the only way that we can ensure that you as parents/guardians have had an opportunity to review your child's weekly progress.

You should also organise a study area at home if possible...



At my Study Area;

- Copy of my colour coded time table with room numbers and any special equipment noted on it eg T Square/ Art Portfolio
- Extra stationary and equipment for study such as flash cards / mind map materials.
- A table and a chair with a light.
- A4 lever arch folder with subject dividers for study notes and hand-outs.



On the Fridge:

- A copy of the school calendar with Open Night/ Information nights/ Parent Teacher Meetings etc. noted on it
- Copy of my colour coded time table with room numbers and **special equipment** (eg PE gear today) noted on it.